



## **Pilates Schedule**

MONDAY	Intermediate Mat	10:00 AM
	Beginner Mat	7:00 PM
TUESDAY	Beginner Mat	9:00 AM
	Intermediate Mat	10:00 AM
WEDNESDAY	Intermediate Mat	7:00 PM
THURSDAY	Beginner Mat	9:00 AM
	Intermediate Mat	10:00 AM
FRIDAY		